



**THIS ONE OF A KIND EVENT  
COVERS A GRADUAL 2.5  
MILE DOWNHILL BEFORE  
TACKLING THE PINE  
MOUNTAIN 500 OUTDOOR  
STAIRCASE AT GIANT PINE  
MOUNTAIN!**



GIANT PINE MOUNTAIN, IRON MOUNTAIN, MICHIGAN  
WWW.PINEMOUNTAIN500.COM

**Sunday, August 6, 2023 @ 10am CST**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**Email** \_\_\_\_\_ **Sex** \_\_\_\_\_

**Emergency contact & number** \_\_\_\_\_

Pine Mountain 500	<input type="checkbox"/> \$50 (age 15 & over)	<input type="checkbox"/> \$35 (age 14 & under)*
Dual Duel (2 laps)	<input type="checkbox"/> \$60 (age 15 & over)	<input type="checkbox"/> \$40 (age 14 & under)*

\*Children 12 and under must be accompanied by a registered adult.

**AWARDS:** *Top 3 male and female overall finisher, Top 3 King/Queen of the Mountain, Age group awards 5-6, 7-8, 9-10, 11-12, 13-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+, Dual Duel Top 3 Male & Female Winners*

I know that running is a potentially hazardous activity. I should not participate unless I am medically able & properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, & the effects of weather & conditions of the road. I understand I am solely responsible for my own safety while traveling to & from or participating in this event. Knowing these facts & in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, & waive, release, & discharge the sponsors or contributors to this event, any race officials, volunteers, the city & police agencies, their representatives, successors, or assignees from any & all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. The release form & waiver extends to all claims of every kind or nature whatsoever, foreseen & unforeseen, known & unknown. The undersigned further grants full permission to use any photographs, videos, recordings, or another record of the event for any purpose. Minors will be accepted with a parent's signature.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Mail completed form and payment to PO Box 82, Iron Mountain, MI 49801